

Scientific Programme – Day 1

30th April 2010 Friday

Programme Coordinators: *Dr Selvaraj Y Subramaniam & Dr Kamaria Idris*

	TRACK ONE	TRACK TWO
07.30am onwards	Registration	
08.45 - 09.00am	Welcome Address by President of SAAARMM <i>Dato Dr S Harnam</i>	
09.00 - 09.30am	Biology and Genetics of Aging <i>Prof Dr Michael Klentze</i>	
09.30 - 10.00am	Challenges for Midlife: The Paradigm Change in Aging <i>Dr Alfred Wolf</i>	09.30 - 10.00am Divine Proportions – The Quest for Eternal Beauty through Mortals <i>Dr Adam Miller</i>
10.00 - 10.30am	Tea-Break & Visit Exhibitors	
10.30 - 11.00am	Histamine Intolerance <i>Dr Thomas Endler</i>	10.30 - 11.00am Glycolic Acid Peel <i>Dr Nimi Sutina Nordin</i> By courtesy of NeoAsia (M) Sdn Bhd
11.00 - 11.30am	Regenerative Cardiovascular Medicine - facts, fancies, and fantasies <i>Prof Aw Tar Choon</i>	11.00 - 11.30am Facial Rejuvenation with 3D Face-lift <i>Dr Marco Faria Correa</i>
11.30 - 12.15pm	Cell Therapy, Thymus Therapy, Placental Therapy, Mesenchymal Therapy and Swiss Revitalization <i>Dr Olaf Kuhnke</i>	11.30 - 01.00pm Moderator: <i>Dr Kheng Kien Soo</i>
12.15 - 01.00pm	Fetal Precursor Stemcell Therapy, Clinical Experience, Indications and Eco-ultrafiltrates <i>Dr George von Falkenhayn</i>	BTA: Basics and Advance - Classification of Wrinkles - Introduction to Bot Toxin A - Indications and Consent - Selection of Patients - Injection Site: Anatomy and Effects of Botulinium - Live Workshop on BTA by <i>Dr Kuljit Singh</i>
01.00 - 02.00pm	Lunch	
02.00 - 04.30pm	Symposium on Sleep and Aging Moderators: <i>Dr P Puraviappan & Dr Aman S Kaulsay</i>	
02.00 - 02.15pm	Introduction of Panel of Speakers	02.00 - 03.00pm Micronutrients and Supplementation in Nutritional Medicine <i>Prof Dr Claus Muss</i>
02.15 - 02.30pm	Melatonin: The Night Hormone <i>Prof Dr Michael Klentze</i>	
02.30 - 02.45pm	Management of Insomnia in Older Persons <i>Dr Raminder Kaur</i>	
02.45 - 03.00pm	Obstructive Sleep Apnea (OSA) with a Nasal / Pharyngeal Aetiology <i>Dr P Puraviappan</i>	
03.00 - 03.15pm	OSA: A Neurologist's Perspective <i>Dr Yong Fee Mann</i>	03.00 - 03.30pm The Caffeine Edge <i>Dr Jeyarajah Sivalingam</i>
03.15 - 03.30pm	Cardio-vascular Disease and OSA <i>Datuk Dr Tamil Selvan</i>	
03.30 - 03.45pm	Respiratory Physicians Role in OSA <i>Dr Shyamala Poosparajah</i>	03.30 - 04.30pm Bio-Identical Hormones - Sorting Myths from Facts <i>Dr Anoop Chaturvedi</i>
03.45 - 04.00pm	OSA and Your Eyes <i>Dr Chandra Kumar</i>	
04.00 - 04.15pm	Sleep Technician's Role in Sleep Study <i>Ms Sorna Latha Kunchi Rama</i>	
04.15 - 04.30pm	Q&A	
04.30 - 05.00pm	Tea-Break & Visit Exhibitors	
05.00 - 06.00pm	Leptin: An Anti-Aging Hormone <i>Prof Dr Claus Muss</i>	05.00 - 06.00pm Current Legislative Position on Compounding Pharmacy Activities in Malaysia <i>Mr Mahendran Thangarajah</i>
06.00pm	Annual General Meeting of SAAARMM	

*Note: Registration Desk will open on 29th April 2010 from 3.00-7.00pm

*Disclaimer: The organizing committee reserves the right to change the programme.

Scientific Programme – Day 2

1st May 2010 Saturday

Programme Coordinators: *Dr Deepali Sharma & Dr Syafiq Shirleya Chan*

TRACK ONE

TRACK TWO

08.00am onwards	Registration	
08.30 - 09.00am	Active Specific Immunotherapy, Electro-magnetic & Other Immunomodulating Therapies for Cancer <i>Claus Peter Cremer, MA</i>	
09.00 - 09.30am	New Generative Treatment Options for Fatigue, Nitrostress and Multi-systemic Diseases <i>Dr Alfred Wolf</i>	09.00 - 09.30am The Use of Activated MRET water in Medicine <i>Prof Vladimir I. Vysotskii</i> By Courtesy of MEDI-ALPHATRONICS
09.30 - 10.00am	Ionic Anti Aging Solutions <i>Dr Xanya Sofra Weiss</i>	09.30 - 10.00am Perils of Cosmetic Aesthetics <i>Dr Kuladeva Ratnam</i>
10.00 - 10.30am	Tea-Break & Visit Exhibitors	
10.30 - 11.00am	Dementia <i>Dr Shahnaz Merican</i>	10.30 - 11.00am A New Era in Anti-Aging / Aesthetic Procedures (Facial Tightening / Scar Revision with Air Dissection) <i>Dr Kwon Han Jin</i> By Courtesy of MEDI-ALPHATRONICS
11.00 - 11.30am	The Future of Medicine: An Anti-Aging Perspective <i>Dr Robert Goldman</i>	
11.30 - 12.00noon	Improving Wound Healing Outcomes with Fermented Live Probiotics <i>Dr Miswanudin Muizudin Mahyudin</i> By courtesy of Ohhira Nutrition	11.30 - 12.00noon Body Contouring in Endoscopy Surgery <i>Dr Marco Faria Correa</i>
12.00 - 02.00pm	Lunch Symposium The Role of Kinetin for Anti-aging <i>Dr Joyce Lim</i> By Courtesy of Invida (Singapore) Pte Ltd, Malaysia Branch	
02.00 - 02.30pm	Role of Exercise in Anti-Aging <i>Dr Robert Goldman</i>	02.00 - 03.00pm Scar Management <i>Dr Yap Lok Huei</i> By courtesy of NeoAsia (M) Sdn Bhd
02.30 - 03.30pm	Workshop on Stress Disorders Moderators: <i>Dr Alfred Wolf & Dr Selvaraj Y Subramaniam</i> Management of Stress Disorders, Burnout and Fatigue Syndrome in Clinical Practice <i>Dr Alfred Wolf</i> Cortisol's Connection with Heart Disease <i>Dr Sanjay Kapur</i>	03.00-03.30pm Total Facial Aesthetics <i>Dr Alice Prethima Michael</i>
03.30 - 04.00pm		03.30 - 04.00pm Update of Cosmetic and Non Cosmetic Facial Problems <i>Dr Joyce Lim</i>
04.00 - 04.30pm		04.00 - 04.30pm Secondary Abdominoplasties <i>Dr Marco Faria Correa</i>
04.00 - 04.30pm	The Subconscious Mind - Processing it as an 'Anti-Aging' Tool <i>Tunku Noor Hayati Bt Tunku Abdul Rahman Putra</i>	
04.30 - 05.00pm	Tea-Break & Visit Exhibitors	
05.00 - 06.00pm	How to Identify Biomarkers of Heart Disease and Diabetes: Use of Dried Blood Spot Technology <i>Dr Sanjay Kapur</i>	05.00 - 06.00pm Rejuvenating the Asian Skin <i>Dr Ruban Nathan</i>
05.00 - 08.00pm	ABAARM Board Review Course Conducted by Board Certified Physicians in Anti-Aging Medicine <i>Dr Deepali Sharma</i> <i>Dr Subudra Thavy</i> <i>Dr Kamalakaran Karanakaran</i>	

Scientific Programme – Day 3

2nd May 2010 Sunday

Programme Coordinators: *Dr Aman S Kaulsay & Dr Syafiqah Shirleyana Chan*

TRACK ONE		TRACK TWO	
07.30am onwards	Registration		
08.00 - 09.00am	Sensitive Parameters in the Prevention of Metabolic Syndrome <i>Dr Claus Muss</i>	08.30 - 11.00am How to Start the Patient on Bio-Identical Hormone Therapy: Case Presentation Approach <i>Dr Anoop Chaturvedi</i>	
09.00 - 10.00am	Inflamm-Aging: Aging and Inflammation-related Diseases <i>Dr Sanjay Kapur</i>		
10.00 - 10.30am	Tea-Break & Visit Exhibitors		
Male and Female Aging Symposium			
Moderators: <i>Dato Dr Guna Sittampalam & Prof Dr Michael Klentze</i>			
10.30 - 11.00am	Andropause and Aging Male <i>Prof Dr Zulkifli MD Zainuddin</i>		
11.00 - 11.30am	Female Hormone Changes with Aging <i>Dr Ong Hean Choon</i>	11.00 - 12.00noon Restoring Periocular Volume Loss in the Aging Face with Hyaluronic Acid Dermal Fillers <i>Dr Hoo Jen Shi</i>	
11.30 - 12.00noon	Prescribing T3 Alone, T3 + T4, or T4 alone for Hypothyroidism <i>Dr Anoop Chaturvedi</i>		
12.00 - 12.30pm	Anti-Oxidants and the Skin - The Efficacy and Safety of French Maritime Pine Bark Extract in the form of MSCC Complex Actisome on Melasma <i>Dr Saadiah Sulaiman</i> By Courtesy of Mega LifeSciences	12.00 - 12.30pm PRP-Platlet Rich Plasma Cell Regenerative Therapy <i>Dr Kwon Han Jin</i>	
12.30 - 02.00pm	Lunch		
02.00 - 03.00pm	Hormone Protocols for Men and Women <i>Prof Dr Michael Klentze</i>	02.00 - 05.00pm PUBLIC FORUM: Let's Balance Our Hormones This event is co-supported by an educational grant from Aptomed Sdn Bhd Programme Coordinator: <i>Dr Wan Julia Sham Dato Hj Ariffin</i> 01.00 - 02.00pm Registration and Visit Exhibitors (For Public) 02.00 - 02.15pm Welcome Address by <i>Dato Dr S Harnam</i> (President SAAARMM) 02.15 - 02.30pm Introduction of the Panel of Speakers 02.30 - 03.30pm Discussion Forum with the Panel Speakers about "Let's Balance Our Hormones" <i>Prof Dr Claus Muss</i> <i>Prof Dr Michael Klentze</i> <i>Dr Anoop Chaturvedi</i> 03.30 - 04.15pm Q & A from the floor 04.15 - 04.30pm Closing address 04.30 - 05.00pm Refreshments	
Moderator: <i>Dr Kamalakaran Karanakaran</i>			
03.00 - 04.30pm	Metals, Chelation Therapy, Heart Disease and Its Effects on Aging <i>Dr Lenny Da Costa</i>		
04.30 - 05.00pm	Tea-Break & Visit Exhibitors		
05.30 - 08.30pm	ABAARM Examination		